

LENT 2020 RĒNETI 2020

the Lent appeal 2020

Lent is the period of preparation for Easter – a time of prayer, fasting and almsgiving to those in need. During this time, we have an opportunity to draw nearer to God and be transformed by the Holy Spirit. The theme for Lent 2020 is Renewed by the Spirit. Pope Francis says, 'Let yourself be transformed. Let yourself be renewed by the Spirit... do not abandon the path of love but remain ever open to his supernatural grace, which purifies and enlightens.' (Gaudete et Exsultate #24)

Life is a journey, with mountains, valleys, and unexpected challenges. We all need time to be renewed and transformed. God is the ultimate source of truth and love. Through this season of Lent, let us reconcile with God and encounter the Spirit anew so that we can continue on the 'path of love'.

As Pope Francis reminds us, 'God wants to speak to the world by your life.' (#24) Our own personal renewal should be the catalyst to bring further renewal in the lives of the people we meet. We can be the hands and feet of God, as his very ambassadors, on Earth through our words and actions.



Caritas – Love in action

Caritas Aotearoa New Zealand (CANZ) is the New Zealand Catholic Bishops' agency for justice, peace and development. Working on behalf of the New Zealand Catholic Bishops



Conference for a world free of poverty and injustice, CANZ strives to achieve this through community development, advocacy, education, and emergency relief.

As part of Caritas Internationalis, a global confederation of 165 Catholic aid, development and social justice agencies operating in over 200 countries and territories, CANZ supports the poorest and most vulnerable, regardless of ethnicity, religion or nationality.

A strong moral framework of Integral Human Development, firmly grounded in Catholic social teaching (CST), underpins the work of Caritas. This approach is a visible manifestation of love in action, emphasising all of the following: *te tapu o te tangata* – human dignity, *kotahitanga* – solidarity, *mana whakahaere* – subsidiarity, *he whakaaro nui mō te hunga rawakore* – preferential option for the poor and vulnerable, *nāu to rourou, nāku te rourou* – participation, *kaitiakitanga* – stewardship, and *he painga mā te katoa* – the common good.

As a result, the key strategic goals of CANZ are to advocate for and ensure the healing of relationships with the earth and all creation, and to protect the dignity of marginalised people and those affected by violence and crises – especially women and girls, indigenous peoples and refugees and migrants.

Working alongside communities, CANZ's collaborative approach is based on respect, where all are considered of equal worth and value, and co-learning – recognising that all can learn from each other. Communities are empowered by ensuring that decisions are made at the appropriate level by those who are impacted by them.

Protection, dignified livelihoods, disaster and climate resilience, health, education, self-belief, confidence and positive change are many of the key outcomes that communities experience through Caritas' love in action.

OPENING LESSON OUTLINES NGĀ ANGA AKORANGA TUATAHI

Lent Introduction

Learning outcomes:

Students will...

1. Understand that Lent is a season for turning back to God through prayer
2. Recognise signs and symbols that show Lent is a season of change



KARAKIA

Use the **Prayer Booklet** to select prayers to help the class reflect and think about others during the season of Lent.



SETTING THE SCENE

Tell students that they are going to play a game. Ask 4-5 students to hold a paper cup and to keep holding it as the class plays catch. Randomly throw the ball to various students including those who have their hands full. Observe how they catch or attempt to catch the ball with their hands full.



DISCUSSION

Explain that the purpose of this activity is to illustrate how people's lives are busy and how this can make it difficult to hear God and receive his Grace especially if people hold on to sin in their lives. Lent is a time to unburden and lay down the unnecessary items that are in their lives and turn back to God.



ACTIVITY

During Lent, people are asked to spend more time in prayer to help bring them back to God. Get students to complete **Worksheet 7A**. It asks them to reflect on their understanding of prayer.



VIEW

Watch the clip [Jesus and Zacchaeus](#) to see how coming to know Jesus can change people. During Lent, this is what Jesus wants people to do so they can continue his work and mission here on Earth.



ACTION

Ask students how they can bring themselves closer to Jesus during Lent. Suggest to students to use the Action Plan to select some small simple actions that will help them take part in prayer, fasting and almsgiving.



REFLECTION

Spend time thinking about how students could develop their prayer habits during Lent to bring them closer to Jesus.

Ash Wednesday

Learning outcomes:

Students will...

1. understand that Lent is a season for turning back to God through prayer
2. recognise signs and symbols that show Lent is a season of change



KARAKIA

Create a Lenten Journal to use during the 40 days of Lent. Spend time reflecting on how the following 40 days bring people closer to God.



SETTING THE SCENE

Create a KWL chart with the students about Lent and Ash Wednesday. If any questions arise, students may wish to invite their parish priest to help answer their questions.



DISCUSSION

Through the students' initial brainstorm ask them why Lent starts with Ash Wednesday? Why are the ashes significant?



ACTIVITY

Complete the first section of **Worksheet 7B** asking students to think about what they would need to do if they were going on a journey.



DISCUSSION

As students reflect on Ash Wednesday being the first day of Lent and a 40-day journey, discuss all the things that they are grateful for in their journey and why.



READ

Read aloud the story of Jonah and the city of Nineveh (Jonah 3:1-10). Ask students, what were the signs that people in Nineveh demonstrated repentance.



ACTION

Take part in an Ash Wednesday Mass and complete the second part of **Worksheet 7B**.



REFLECTION

How could students show repentance and say sorry during Lent like the people of Nineveh?

These lessons have been adapted from the Y3-4 Religious Education Curriculum Liturgical lessons. This is to help meet coverage expectations for Lent, Ash Wednesday and Holy Week lessons.

WORKSHEET 7A WHĀRANGI MAHI 7A

Prayer is one way that bring people closer to God. There are different ways to pray. Fill in this worksheet and reflect on your personal prayer life and why it is important to others.

PRAYER		
What is Prayer?	What does my prayer look like at home?	Praying alone helps people because ...
Why do people pray?	What does my prayer look like at school?	Praying as part of a parish helps people ...
Why is prayer during LENT especially important?	What does my prayer look like at _____?	Praying with family and friends helps people ...

WORKSHEET 7B WHĀRANGI MAHI 7B

Imagine that you are going on a holiday.

What do you need to do to get ready?

Write a list of all the things that you need to do.



What do you need to do in preparation for Easter?
Draw a picture of you taking part in Ash Wednesday.

A large empty rectangular box with a thin purple border is located in the lower right quadrant of the page, intended for drawing a picture of participation in Ash Wednesday.

STATIONS OF THE CROSS NGĀ TŪRANGA O TE RĪPEKA

The culmination of Lent is found in the events of Holy Week. A great way to reflect on Jesus’ journey to the cross is to focus on the stations of the cross. **The Way of the Cross** liturgy for 2020 provides an opportunity to remember Christ’s sacrifice whilst praying for communities that Caritas works alongside around the world.



1 Jesus in the garden
Luke 22:39-46



2 Jesus betrayed by Judas
John 18:3-8



3 Peter denies that he knows Jesus
Luke 22:54-62



4 Jesus is on trial
John 18:35-40



5 Jesus is condemned by the people
John 19:12-16



6 Jesus is crowned with thorns
John 19:1-3



7 Jesus carries the Cross
John 19:16-17



8 Simon of Cyrene helps Jesus
Luke 23:26



9 Jesus meets the women of Jerusalem
Luke 23:26



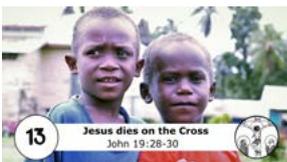
10 Jesus is nailed to the Cross
John 19:18-19



11 Jesus speaks to the thief
Luke 23:39-43



12 Jesus speaks to his mother
John 19:25-27



13 Jesus dies on the Cross
John 19:28-30



14 Jesus is buried
John 19:38-42

HOLY WEEK LESSON OUTLINE TE ANGA AKORANGA WIKI TAPU

LEARNING OUTCOMES:

Students will...

1. Explore the symbols and rituals of Holy Week
2. Understand that people involved with Jesus' last day held different views



KARAKIA

Create a Holy Week prayer focus. During prayer time use scripture and music that reflects the events that happened during Holy Week.



SETTING THE SCENE

Use a well-known image of Holy Week to help set the scene. Explain that Holy Week is the most important week for people in the Catholic Church. It is a time to reflect on the events leading up to the death of Jesus. People may feel a lot of emotions throughout this week as they reflect on what Jesus did for them.



DISCUSSION

Ask students if they can define the terms 'symbol' and 'ritual'. How do these terms link? What is the connection? Where may the students find symbols and rituals in everyday lives? Provide examples. Can the students identify any symbols or rituals that are associated with the Catholic Church and specifically Holy Week? (Recap definitions of Ritual/Symbol in Y1/2 Sacrament Strand lessons)



ACTIVITY

In pairs, get students to create a collage of symbols that reflect the events that happen during Holy Week. Students may need to revisit some of the scripture stories (Refer to the Y1-2 Holy Week lesson).



DISCUSSION

Thinking specifically about the events of the Last Supper – are there any rituals or symbols that are still used today within the Catholic Church? Why does the Church still use them? How does it make the students feel knowing that events from the Last Supper are part of the Catholic Mass today? Does it make them feel closer to Jesus?



VIEW

Why do Catholics wave palms on Palm Sunday? Why do they wash each other's feet on Holy Thursday? Watch [Holy Week in Two Minutes](#) and have a look at some of the symbols and rituals that occur during Holy Week.



DISCUSSION

Explain to students that you have been spending time looking at the symbols and rituals of Holy week, but what about the people who were involved. Can they name key figures that are part of the Holy Week story?



ACTIVITY

Imagine that each student is part of the Palm Sunday procession into Jerusalem. Ask the students to describe how they feel as they wave their palms to welcome Jesus. You could set this up as a drama freeze frame activity.



RESEARCH

There were a lot of people who held different views on who Jesus was and his actions. During Holy Week, stories and scriptures tell about some key figures who were part of Jesus' journey. Who were the people that Jesus met on his last day on earth? What were their roles? To help, some key figures students may wish to focus on are:

- Pilate
- Caiaphas & high priests
- Judas
- Mary, mother of Jesus
- Veronica
- Peter
- Simon of Cyrene



ACTIVITY

Complete **Worksheet 12** to see if students can remember some facts about Holy Week and Lent. Also, complete an illustration about an event during Holy Week that sits with them.



REFLECTION

Students could go for a walk (at home or school) and think and talk about a way that people could show how they are grateful to be a follower of Jesus.



ACTION

As part of Holy Week celebrations, participate in **The Way of the Cross** liturgy on Holy Thursday.

WORKSHEET 12 WHĀRANGI MAHI 12

True or False

Holy Week is the last week of Lent	T	F	The ritual for Palm Sunday is carrying a flag	T	F
The liturgical colour for Holy Thursday is blue	T	F	Good Friday is a holiday to have fun	T	F
The liturgical colour for Lent is green	T	F	Jesus was on his own for his last meal	T	F
The cross is the symbol for Good Friday	T	F	Peter washed the disciples' feet	T	F
The symbol for Holy Thursday is bread and a cup	T	F	Rituals help us see deeper meanings in actions	T	F

Task:

Create an illustration that captures a moment of Jesus' life during Holy Week. Consider what symbols you may wish to include.