

# Take Action At Home

How can I change my behaviour at home to reduce the impact of climate change?

## Use less energy

Turn off lights when you don't need them.  
Put on more clothes rather than using a heater.  
Turn off appliances at the wall when not in use.  
Use energy efficient light bulbs.

## Make less waste

Recycle paper and plastic.  
Think of the environment before buying anything.  
Set up a compost system for food scraps.

## Reduce your travel carbon footprint

Cut down travelling by car as much as possible.  
Walk or cycle when you can.

## Value water

Have shorter hot showers.  
Turn off the tap when brushing your teeth.  
Rinse dishes in the same water rather than letting the tap run.

## Spread the word

Get your family involved in combating climate change.  
Find out more about climate change.  
Create a presentation to show your friends.