

KAITIAKI OF THE FOREST

SEE Teachers at a kura have noticed that their students know very little about the local forest.

JUDGE They believe that unless students learn how to care for the forest, it may die.

ACT They work with an agency to produce a workbook to help the students learn about the forest.

BIKING IS BETTER

SEE You're learning that carbon emissions from cars and buses are contributing to global warming.

JUDGE You realise that you rely on cars and buses to get to school so you're contributing to the problem.

ACT You start walking or biking to school on fine days.

TREE PLANTING

SEE You read in the local paper that the council is asking for volunteers to help with tree planting on Saturday.

JUDGE You are usually free on Saturdays and you know that more trees at the park will help prevent erosion.

ACT You go and help out.

STANDING BY YOUR PACIFIC NEIGHBOURS

SEE You hear about an environmental group which provides a voice for Pacific Islanders experiencing the effects of climate change.

JUDGE You feel that the Pacific Islands need to be supported as they are small islands with limited resources to influence large nations.

ACT You join or support the environmental group.

GETTING GRANDAD INVOLVED

SEE Your grandmother recently died and you can see that your grandfather is very lonely.

JUDGE You believe that he needs to get out and meet more people and be involved in the community.

ACT You talk to your Grandad about what he wants to do and he says he wants to play indoor bowls so you join a club with him.

HELPING DISASTER VICTIMS

SEE You see on TV that Chile has had a bad earthquake and many people are homeless.

JUDGE You've been saving up for a new CD but decide that the people in Chile need your money more desperately.

ACT You donate the money you've been saving to an appeal for Chile.

STANDING ALONGSIDE REFUGEES

SEE Since the beginning of the Civil War in Syria, over a million refugees have fled to Lebanon.

JUDGE The Lebanese people have felt it is their responsibility to provide shelter and support for the refugees.

ACT Many Lebanese families are sharing their homes with Syrian refugees.

LOOKING AFTER NZ PARENTS

SEE The Children's Commissioner calls together a group of experts to advise on solutions to child poverty.

JUDGE The experts judge that more resources need to be put into families when a new baby is born to relieve financial stress.

ACT They make this recommendation to the government who extends paid parental leave.

LOCALS KNOW BEST

SEE Mark from Caritas visits Palo with staff from Caritas Philippines. The locals tell them that many fishing boats were destroyed in the typhoon.

JUDGE Mark and the Caritas staff believe that the local people know best what types of boats and engines they need to begin fishing again.

ACT Caritas funds the new boats that the local people have decided would be best for them.

MUFTI DAYS ARE UNHAPPY DAYS FOR SOME

SEE The Principal of a girls' school sees that mufti days are very competitive. Some girls can afford the latest fashion and others are embarrassed about their clothes.

JUDGE She and her staff decide that this is unhealthy competition.

ACT For the good of everyone mufti days are replaced with another form of fundraising.

PREFER TO HELP THE POOR

SEE Your teacher asks your class what you would like to do with the proceeds of your cake stall: support a local foodbank or go on a trip to the mall to buy ice-creams?

JUDGE You and your classmates decide that helping poor families who need food parcels is more important than buying ice-creams for yourselves.

ACT You tell the teacher that the money should go to the local foodbank.

STANDING UP FOR THE RIGHTS OF OTHERS

SEE Your Mum and your Aunty both work in rest homes. You know that they work long hours for low pay. They invite you to come on a protest march to increase public awareness of their needs.

JUDGE You firmly believe that rest home workers should receive better conditions and pay. You want to stand alongside them and support them.

ACT You join the protest march.

VOTING IS IMPORTANT

SEE Your Principal reminds you at assembly that it's time to vote for the Student Council. She says that everybody exercising their right to vote is important.

JUDGE You feel that if you cast a vote you have more chance of getting the right sort of representative on the council.

ACT You participate in the voting.

EVERYONE CAN PLAY

SEE You're coaching a primary school netball team and notice that there is one student who is less co-ordinated than the others. One of the mothers suggests that you should drop that girl from the team.

JUDGE You decide that all children have a right to participate in activities such as sports.

ACT You ignore the mother's suggestion and continue to allow the less able player to play.

SUBSIDISING HEALTH-CARE

SEE The Ministry of Health reports that rates of rheumatic fever are much higher in communities with lower incomes like the Hokianga.

JUDGE Government and community groups believe that a campaign is needed around care of children with sore throats.

ACT Parents in lower income communities are encouraged to get medical care for their children and the rate of rheumatic fever drops.

STUDENT COUNCIL CAN DECIDE

SEE The school feast day is coming up soon. The Principal feels that the entertainment for the afternoon will be an important part of the day.

JUDGE She believes that the student council will know best how to arrange the entertainment for their peers.

ACT The Principal hands over all decisions relating to the afternoon programme to the Student Council.

RESPECT FOR THE ELDERLY

SEE Your grandmother is becoming forgetful and gets upset when she loses things.

JUDGE You respect your grandmother very much and want her to know that despite her memory problems she is still very important to you.

ACT You make sure you tell your grandmother often how much you love her, and you help her when she can't find things.

SIKH BOY TEASED

SEE A Sikh boy in your karate class gets teased by the other boys because he wears his hair up in a knot on his head.

JUDGE You know that this is mean and unfair and that he wears his hair like that because of his religion.

ACT When the Sikh boy is not there you tell the others why he wears his hair up and that teasing him is a form of discrimination.

WATER PROJECT HANDED OVER

SEE Nick, a Caritas worker, visits Solomon Islands. He wants to see how a water project is going in a village there.

JUDGE After viewing the water system, Nick judges that the local people are very capable of making future decisions about the maintenance of the taps and pipes.

ACT Nick tells the village water committee that he believes they are capable of running the project themselves from now on.

CHOOSING FAIR TRADE PROTECTS FARMERS

SEE You watch a documentary on TV about how some South American cocoa growers receive a very low price for their cocoa beans.

JUDGE You decide that buying fair trade chocolate will help to protect poor farmers.

ACT From now on you only buy fair trade chocolate and you do some research on other companies that pay their producers fairly.

NEW STUDENT WITH A DISABILITY

SEE A new student who uses a wheelchair has joined your class. You notice that the other students basically ignore her.

JUDGE You think they might be unsure about how to relate to her, but you want her to feel welcome and valued.

ACT You go out of your way to talk to the new girl and show her around the school.

FAMILIES PUT COMMUNITY FIRST

SEE In the 1980s several families from Ngāti Kuri in Kaikoura were worried about high rates of unemployment among Maori and the declining economy of their town.

JUDGE They decided it was worth taking a risk for the good of the community and future generations.

ACT Four families mortgaged their homes and started the Whale Watch business. The business now supports local health and social services.